

Monday Group Class Schedule

Time	Class	Difficulty Level	Location	Instructor
2:30pm - 4:00pm	Elementary School	Beginner/ Intermediate	Academy	Coach Brian / Coach Tyler
4:00pm - 6:00pm	Middle School / High School	Beginner/ Intermediate	Academy	Coach Brian
6 -8pm	Adult	Beginner	Academy	Coach Brian

Tuesday Group Class Schedule

Time	Class	Difficulty Level	Location	Instructor
9:00am - 10:00am	Tai Chi & Yoga	Beginner/ Intermediate	Academy	Coach Brian
10:00am - 12:00pm	Home School	Beginner/ Intermediate	Academy	Coach Tyler
4:00pm - 6:00pm	Middle School / High School	Intermediate / Advanced	Academy	Coach Tyler
6-8pm	Adult Advanced / Instructor Training	Advanced	Academy	Coach Tyler

Wednesday Group Class Schedule

Time	Class	Difficulty Level	Location	Instructor
2:30pm - 4:00pm	Elementary School	Beginner/ Intermediate	Academy	Coach Brian / Coach Tyler
4:00pm - 6:00pm	Middle School / High School	Beginner/ Intermediate	Academy	Coach Brian
6-8pm	Adult	Beginner	Academy	Coach Brian

Thursday Group Class Schedule

Time	Class	Difficulty Level	Location	Instructor
9:00am - 10:00am	Tai Chi & Yoga	Beginner/ Intermediate	Academy	Coach Brian
10:00am - 12:00pm	Home School	Beginner/ Intermediate	Academy	Coach Tyler
4:00pm - 6:00pm	Middle School / High School	Intermediate / Advanced	Academy	Coach Tyler
6-8pm	Adult Advanced / Instructor Training	Advanced	Academy	Coach Tyler

Friday Group Class Schedule

Time	Class	Difficulty Level	Location	Instructor
9:00am - 10:00am	Tai Chi & Yoga	Beginner/ Intermediate	Academy	Coach Brian
10:00am - 12:00pm	Home School	Beginner/ Intermediate	Academy	Coach Tyler
4:00pm - 6:00pm	Middle School / High School	Beginner/ Intermediate	Academy	Coach Brian
4:00pm - 6:00pm	Middle School / High School	Intermediate / Advanced	Academy	Coach Tyler
6-8pm	Adult Advanced / Instructor Training	Advanced	Academy	Coach Tyler

Saturday Group Class Schedule

Time	Class	Difficulty Level	Location	Instructor
9am - 11am	All ages	Beginner- Intermediate	Academy	Coach Brian
Tournaments / Level Testing / Instructor Training / Private Lessons				

Coach Tyler's Private Lesson Availability

Day	Times Available
Mondays	(9:00am - 1:00pm) & (4:00pm - 9:00pm)
Wednesdays	(9:00am - 1:00pm) & (4:00pm - 9:00pm)
Saturdays	(9:00am - 11:00am) & (1:00pm - 9:00pm)
Sundays	9:00am - 9:00pm

Coach Brian's Private Lesson Availability

Day	Times Available
Mondays	9:00am - 2:00pm
Wednesdays	9:00am - 2:00pm